

Name: _____ Date: _____

Which leg is symptomatic? Right Left Both

How long have you had symptoms with your veins? _____

SYMPTOMS: (check all that apply)

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Spider veins | <input type="checkbox"/> Tenderness | <input type="checkbox"/> Cramping | <input type="checkbox"/> Bleeding from varicosity |
| <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Swelling | <input type="checkbox"/> Red/warm areas | <input type="checkbox"/> Superficial phlebitis |
| <input type="checkbox"/> Tired/heavy legs | <input type="checkbox"/> Pain | <input type="checkbox"/> Skin changes | <input type="checkbox"/> Ulcers/ulcerations |
| <input type="checkbox"/> Aching throbbing legs | <input type="checkbox"/> Burning/itching | <input type="checkbox"/> Deep venous thrombosis | |

ARE YOUR SYMPTOMS...

- Related to pregnancy? NO YES
 Related to accident/trauma? NO YES
 Are you developing new veins? NO YES

DO YOUR SYMPTOMS GET WORSE WITH...

- Prolonged standing? NO YES
 Prolonged sitting? NO YES
 Menstrual cycle? NO YES

- Do your symptoms improve with elevation? NO YES
 Have you elevated your legs more than 6 weeks? NO YES
 Do your symptoms interfere with your daily activities? NO YES

If yes, explain how: _____

Are you being treated by a Wound Clinic? NO YES How long? _____

Have you ever had a DVT (Deep Vein Thrombosis)? NO YES If so, when? _____

PREVIOUS CONSERVATIVE TREATMENT YOU HAVE TRIED

Have you ever worn compression stockings? NO YES How long? _____

Doctor who prescribed stockings for you? _____

Did the stockings help your symptoms? NO YES

Do you take over the counter medication for leg pain? (i.e. ibuprofen, Motrin, Advil, Tylenol, aspirin)

NO YES Medication: _____ How often? _____

Do symptoms still exist after elevation, stockings, pain medication? NO YES

PREVIOUS TREATMENT HISTORY

- | | | | | |
|---|------------|--------------------------------|-------------------------------|------------|
| <input type="checkbox"/> Ligation/stripping surgery | Which leg? | <input type="checkbox"/> Right | <input type="checkbox"/> Left | When _____ |
| <input type="checkbox"/> Injection treatments/sclerotherapy | Which leg? | <input type="checkbox"/> Right | <input type="checkbox"/> Left | When _____ |
| <input type="checkbox"/> Laser therapy/EVLT | Which leg? | <input type="checkbox"/> Right | <input type="checkbox"/> Left | When _____ |

What is your goal in treating your veins? _____

How did you hear about RCI Vein Clinic? Doctor Family/Friends Radio/KMRY Radio/96.5 Internet